

Alzheimer's Matters Theatre

The main theatre, will host in-depth talks on key topics of interest for carers, relatives and professionals as well as chaired 'Question Time' sessions on both days. Leading professionals will speak on a wide range of topics.

Friday 23rd June

TIME	TITLE	SPEAKER
10.30 – 10.40	A welcome and introduction to this year's Alzheimer's Show	Bernadine McCrory, Operations Director, Alzheimer's Society
10.40 - 11.10	Delivering Integrated Care for people with dementia. What are the benefits of integrated care for people with dementia? Including examples of innovative practice in integrated dementia care.	Hazel Bayley, Regional Operations Manager, Alzheimer's Society
11.15 – 11.55	The latest research and innovative approaches aiming to tackle dementia. Dementia is our greatest medical challenge. Scientists across the world are working to find different ways to diagnose, prevent and treat dementia. Dr Sancho will give a background to the diseases that lead to this complex condition and provide an update on recent progress in research.	Dr Rosa Sancho, Head of Research, Alzheimer's Research UK
12.00 – 12.30	Quality Matters - how do we make high quality care a reality?	Andrea Sutcliffe, Chief Inspector of Adult Social Care, Care Quality Commission
12.40 – 13.30	QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care. Dr Rosa Sancho, Head of Research, Alzheimer's Research UK. Andrea Sutcliffe, Chief Inspector of Adult Social Care, Care Quality Commission. Prof Peter Mittler. Hazel Bayley, Regional Operations Manager, Alzheimer's Society.	Chair: Bernadine McCrory, Operations Director, Alzheimer's Society
14.00 – 14.25	People with dementia receive the worst care in the developed world (OECD 2015): A Human Rights Issue. This year the UK government is being held to account for implementing the UN Convention on the Rights of Persons with Disabilities. I will give some examples of how the rights of people with dementia are being ignored. You can do the same.	Professor Peter Mittler, CBE, Hon. Research Fellow and Emeritus Professor of Special Needs Education, University of Manchester. Human Rights Adviser, Alzheimer's Disease International and Dementia Alliance International
14.30 – 14.55	Reducing Social Isolation and Loneliness by enabling and empowering people with dementia. How Dementia Friendly Communities and pioneering volunteering programme, Side by Side, are helping to reduce loneliness and isolation for people affected by dementia.	Lisa Beck, Side by Side Programme Lead, Alzheimer's Society
15.00 – 15.25	Getting a diagnosis. Early recognition and accurate diagnosis of dementia combined with appropriate post diagnostic support and interventions, can reduce the distress experienced by the whole family. If a person has a timely diagnosis of dementia it can enable them to actively engage in making plans and decisions about their finances, work, welfare and legal matters.	Hilda Hayo, Chief Admiral Nurse/ CEO, Dementia UK
15.30 – 16.15	Dying well with dementia - panel discussion. All people who develop dementia will have dementia at the end of their lives, either as the condition they die from or as a factor which may complicate the care of a different condition. This session explores the key aspects that can constitute towards dying well with dementia.	Chair: Sue Clarke, Operations Manager, Alzheimer's Society Panel: Jacqueline Crowther PhD, Admiral Nurse Marilyn Parfitt, Clinical Nurse Manager, Marie Curie

Alzheimer's Matters Theatre

Saturday 24th June

TIME	TITLE	SPEAKER
10.40 - 10.50	A welcome and introduction to this year's Alzheimer's Show	Hazel Blears, Alzheimer's Society Trustee
10.50 - 11.15	Converting skin cells to brain cells in dementia research. Alzheimer's Society Research fellow David Hicks explains how using cutting-edge techniques that transform skin cells into brain cells in the lab is helping researchers to understand what happens in the brain in dementia	David Hicks, Alzheimer's Society Research fellow
11.15 - 11.55	Discovering new ways to tackle dementia. Our bodies use inflammation as a defence system to protect us from damage, but if these systems go wrong, could this contribute to diseases like Alzheimer's? Dr Brough talks about his work looking at whether drugs that dampen down inflammation could be used to treat Alzheimer's disease.	Dr David Brough, dementia researcher and senior lecturer at the University of Manchester, funded by Alzheimer's Research UK
12.00 - 12.25	Dementia - A personal view.	Joy Watson, Alzheimer's Society Ambassador. Joy was diagnosed with Alzheimer's disease in her mid-50s.
12.30 - 13.20	QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care. Hilda Hayo, Chief Admiral Nurse/CEO, Dementia UK. Dr David Brough, dementia researcher and senior lecturer at the University of Manchester, funded by Alzheimer's Research UK. Joy Watson. Dr Emer MacSweeney, CEO Re:Cognition Health & Consultant Neuroradiologist	Chair: Hazel Blears, Alzheimer's Society Trustee
14.00 - 14.30	Alzheimer's without Dementia. Explaining Dementia vs AD. Making an early diagnosis of AD, before dementia occurs. What happens in the brain in AD? How new medications available, internationally, in final phase clinical trials can slow progression of AD or improve symptoms of memory loss.	Dr Emer MacSweeney, CEO Re:Cognition Health & Consultant Neuroradiologist
14.30 - 14.55	Family involvement in acute care- what can you do? This talk will discuss why family involvement and effective communication is so important when a person is admitted to hospital and how this impacts on the family and patient experience. The benefits will be identified as reduced anxiety and stress for the person with the diagnosis of dementia and their family. In addition, there is a potential for reduced length of stay in a hospital ward.	Angela Moore, Admiral Nurse Clinical Specialist Dementia Lead, Dementia UK
15.00 - 15.25	A practical guide to living with memory problems. This workshop will focus on practical strategies for living well with dementia or memory problems. Many of the ideas are suggestions from people with dementia or memory problems, family carers and research.	Sue Clarke, Alzheimer's Society

Alzheimer's Talks & Topics Theatre

At the heart of the exhibition, this theatre features carers sharing their invaluable experiences of caring for a person with dementia alongside professionals covering a range of practical advice topics.

Friday 23rd June

TIME	TITLE	SPEAKER
10.50 - 11.20	Improving hospital care for people with dementia. Hear the findings of Alzheimer's Society's research into people with dementia's experiences in hospital and the emerging best practice about what can be done to improve care.	Jane Welch, Stakeholder Relations Manager, Alzheimer's Society
11.30 - 11.50	Alzheimer's and my family. Rupert Stroud is a singer-songwriter who is passionate about raising awareness about dementia and its impact. He lost his beloved grandmother to Alzheimer's in 2009 and often holds charity concerts in her memory to raise money for dementia research.	Rupert Stroud, Alzheimer's Research UK Champion
12.00 - 12:40	Shining a light on carers' rights. Anna Gaughan, CEO of the national involvement network for carers and former carers of people with dementia, tide - together in dementia everyday, facilitates an open mic discussion about carers' rights.	Anna Gaughan, CEO of tide - together in dementia everyday with carers and former carers from tide
13.30 - 13.50	FTD - A daughter's perspective. Elianne Hawley's mum has frontotemporal dementia, having been diagnosed at just 67. She was cared for at home by Elianne and her family for several years, then moved into a care home last year. Elianne is committed to doing all she can to raise awareness of dementia and its many symptoms.	Elianne Hawley, Alzheimer's Research UK supporter
14.00 - 14.30	Eating and Drinking Well: Supporting People Living with Dementia. Practical advice for some of the challenges around eating and drinking that can be encountered by people living with dementia. Including the importance of activity in encouraging food and drink intake.	Gill Hooper, Registered Nutritionist
14.40 - 15.10	Dementia Law Clinic. This is an open Q&A session to discuss how the Mental Capacity Act 2005, and the deprivation of liberty safeguards, aim to protect the rights of those living with dementia. We will look, in particular, at lasting powers of attorney, advance decisions and statements, assessing capacity, and determining best interests.	Neil Allen, Barrister and Senior Lecturer
15.20 - 15.50	Emotional intelligence and dementia. How awareness of our emotions and those of other people helps people with dementia and those who support them interact in a way that impacts positively on our relationships and time together.	Natalie Yates-Bolton, Senior Lecturer University of Salford and Lesley Calvert, Dementia Associate, Salford Institute for Dementia
16.00 - 16.30	Assistive Autonomus System in Residential Settlements. Assistive Autonomous System (AAS) is a unique technology based solution changing our perceptive on health, care and housing. AAS promote independence living and active ageing. This system is used for diagnostics and monitoring to support clinical decisions in residential settlements as well as being a companion against loneliness.	Prof Samia Nefti-Meziani, (Chair in Autonomous Systems and Robotics, University of Salford) and Jonathan Drake (Business Development Service Director, Salix Homes)

Alzheimer's Talks & Topics Theatre

Saturday 24th June

TIME	TITLE	SPEAKER
10.50 - 11.20	The experiences of young people who have a parent with dementia. Our study looked at the perceptions and experiences of 22 children and young people who have/had a parent with Young Onset Dementia. In this session we share their stories.	Professor Pat Sikes, Project Director, University of Sheffield and Dr Mel Hall, Research Associate, University of Sheffield
11.30 - 11.50	How dementia changed my life: Violet's story. Sophie Howarth's grandmother Violet was diagnosed with vascular dementia in 2009. After leaving university, Sophie put her career on hold to move in with her grandmother and become her full-time carer. She sadly passed away in early 2017. Sophie has since become a qualified dementia nurse.	Sophie Howarth, Alzheimer's Research UK Champion
12.00 - 12.30	Who are the CQC and what do we do? An Inspection Manager from the CQC will explain the role CQC plays in ensuring that health and social care services provide people with safe, effective, compassionate, high quality care, and encouraging services to improve.	Fiona Bryan, Inspection Manager, Care Quality Commission
13.30 - 14.10	A Conversation About What Enables Well-Being For People Living With Young-Onset Dementia. We will have a discussion with people who have been diagnosed with dementia under the age of 65 who are part of the DEEP (Dementia Engagement and Empowerment Project) and Young Dementia Network. We will be sharing experiences about living as well as possible with dementia.	Paul Thomas/Rachel Niblock DEEP (Dementia Engagement and Empowerment Project)
14.20 - 14.50	What to do when a loved one needs help. How to encourage a person with dementia to accept they need help and support, either from friends and family, or from external home care agencies, or even to consider the prospect of a care home. Helpful strategies for having that initial difficult conversation and how to put steps into place to make sure the person receives the care they need.	Christina Macdonald, Author, Founder of Dementia Help and Alzheimer's Show's Online Editor
15.00 - 15.30	Living with rarer dementias. This session will briefly explore some of the issues encountered by families living with the effects of rarer dementias including familial Alzheimer's disease and frontotemporal dementias. Advice will be given about services and support that could be helpful for people diagnosed with these conditions, and their families.	Hilda Hayo, Chief Admiral Nurse/ CEO, Dementia UK

Admiral Nurses 1-2-1 Clinics



The 1-2-1 clinics will enable visitors to have a **free 25 minute consultation** with Dementia UK Admiral Nurses. Admiral Nurses offer invaluable advice and support to carers of people with dementia. All sessions can be booked onsite on the day at the **Dementia UK stand C13** and are on a first come first served basis.

Admiral Nurses are specialist mental health nurses specialising in dementia. They work with family carers and people with dementia, in the community and other settings. Working collaboratively with other professionals, Admiral Nurses seek to improve the quality of life for people with dementia and their carers.

Exhibitor Workshop Theatre

This theatre will showcase the latest and best products and services from many of the exhibitors in short, interactive sessions.

Friday 23rd June

TIME	TITLE	SPEAKER
11.00 - 11.20	Greater Manchester Fire and Rescue Service: Safe and Well. The presentation will cover: What is a Safe and Well visit - The link between fire risk and health - Dementia and fire risk - Strategies to improve fire safety - How to make a referral for a safe and well visit	Greater Manchester Fire and Rescue Service. Paula Breeze, Health and Social Care Co-ordinator
11.25 - 11.55	Early diagnosis of Alzheimer's Disease in 2017: possible and important. Early diagnosis is critical to change the future of AD. Science is unlocking the answers, with new sensitive tests for very early diagnosis and emerging evidence that new generation medications and management of lifestyle risk factors, can delay onset and slow progression cognitive symptoms.	Re:Cognition Health. Dr Joanne Rodda, Consultant Cognitive Psychiatrist
12.00 - 12.20	An Active Approach to Dementia Care using Dutch techniques - Tovertafel (Magic Table) UK. A summary of how Dutch research can be used to increase social, cognitive and physical interaction in people living with dementia (including an explanation of how the Tovertafel (Magic Table) uses these techniques to change the world of dementia one interaction at a time).	Tovertafel UK. John Ramsay, Director
12.30 - 13.00	Understanding the person and avoiding distress. Looking for the meaning behind behaviours and how using personalised communication toolkits can support wellbeing. An interactive session to help see behaviour as a means of communication and learn ways to respond appropriately.	Four Seasons Health Care. Colin Sheeran, Lead Dementia Facilitator
13.30 - 14.00	How to use music effectively in your healthcare setting. An insightful talk of ways and ideas of how you can use music in your care setting to help improve the well-being and happiness of the people that you work with.	Musical Moments™ Enterprises (UK) Ltd. Beckie Morley, Director and Founder
14.10 - 14.30	Enhancing the Dementia Care Environment. We explain how to make improvements, ranging from the "must dos" to the "great to dos" and include academic research as well as anecdotal evidence to support the need for change.	Find Memory Care. Karen Clayton, Dementia Environment Specialist
14.40 - 15.10	Help Beat Dementia. Only research will enhance our understanding of Dementia and help us find and develop better, more effective treatments. Join Dementia Research is an innovative service that matches people with dementia, their families and carers with research taking place across the UK. Be part of helping to prevent and treat dementia - Join Dementia Research today.	Join Dementia Research. Dr Clare Shaw, Delivery Manager
15.20 - 15.40	Living well with Dementia. The Sunrise Senior Living ethos of supporting residents to live enriched lives is put into practice with the Live with Purpose programme. Ideas for supporting residents at all levels of ability to live well with dementia will be shared with the audience.	Sunrise Senior Living. Francis Bosompim, Dementia Specialist
15.50 - 16.10	Refreshing, Reliable, Ready; Helping with Hydration in the Dietary Management of Dysphagia. Outline of dysphagia and its consequences along with approaches to manage it.	Kora Healthcare. Mark Blowers, Commercial Director

The theatre programme may be subject to change at the discretion of the organisers

Exhibitor Workshop Theatre

Saturday 24th June

TIME	TITLE	SPEAKER
11.00 - 11.20	MindforYou - A genuine break together for people living with dementia. Holidays for people living with dementia and their family can be challenging with travel, strange environments and rigid schedules. Imagine dementia friendly travel, accommodation, excursions and support from 9am to 9pm. Understand the benefits a MindforYou personalised holiday can have.	MindforYou. Carol Sargent, CEO
11.30 - 11.50	Alzheimer's - "The Inner Peace Process for Carers - My Own Journey." Sylvia shares her journey as a carer for Young Onset Alzheimers with her husband, how she used her past nursing and care management skills along with emotional coaching and spiritual skills to find blessings along the way which led to the development of The Carers Coaching Academy with courses and materials to help professional and lay carers. She will also introduce a Franchising Opportunity for a unique and timely enterprise.	Carers Coaching Academy. Sylvia Bryden-Stock CEO and Master Coach
12.00 - 12.20	Supporting communities to plan ahead and get the care that's right for them. Compassion in Dying will talk about why it is so important to think about and record your wishes for treatment and care, and their work helping people to do so.	Compassion in Dying. Esther Nimmo, Outreach and Training Lead
13.30 - 13.55	Dementia Care Framework: How the use of personalised communication toolkits as a non-pharmacological approach to avoid distress has led to improved clinical outcomes and wellbeing.	Four Seasons Health Care. Colin Sheeran, Lead Dementia Facilitator
14.00 - 14.20	Taking Care With Technology. Engaging the consumer at the design stage is the key to success in developing technology enabled care solutions for vulnerable people and their carers that are accessible, simple and easy to use.	KMS Solutions. John Hearn, Managing Director
14.30 - 14.50	Maintaining dignity, Identity and individuality in the later stages of dementia. Barbara Lewis talks about the importance of clothing and appearance and how thoughtful design can make a difference to the lives of both the care giver and care receiver.	Limon Attire Ltd. Barbara Lewis, Director & Founder
15.00 - 15.30	An Active Approach to Dementia Care using Dutch techniques - Tovertafel (Magic Table) UK. A summary of how Dutch research can be used to increase social, cognitive and physical interaction in people living with dementia (including an explanation of how the Tovertafel (Magic Table) uses these techniques to change the world of dementia one interaction at a time).	Tovertafel UK. John Ramsay, Director

Virtual Dementia Tour

This innovative training experience, run by training2care, will give professionals, carers and members of the public the opportunity to experience what it is like to have dementia. The Mobile Virtual Dementia Tour takes away people's primary senses, to let them experience the fear and frustration dementia sufferers go through on a daily basis. It is hoped the experience, which is based in a converted lorry with a tent attached, will show that a person with dementia is not challenging or aggressive.

Sessions are free and will run throughout the day.

