

## Dementia and Care Matters Theatre Friday 3rd March

The main theatre, will host in-depth talks on key topics of interest for carers, relatives and professionals as well as chaired 'Question Time' sessions on both days.

TIME	TITLE	SPEAKER
10.10 - 10.15	<b>A welcome and introduction to this year's Alzheimer's Dementia &amp; Care Show.</b>	Chris Larkin, Associate Director of Services, Alzheimer's Society
10.15 - 10.45	<b>Post-diagnostic support for people living with dementia.</b>	Chris Larkin, Associate Director of Services, Alzheimer's Society
10.50 - 11.15	<b>What's changed in 10 years - a reflection of care in the UK.</b>	Professor Martin Green OBE, Chief Executive, Care England
11.20 - 11.50	<b>Understanding your professional role in supporting sexual expression for people living with needs.</b> In health and social care, from OT's to Registered Managers, more and more we are recognising that sex, sexual relationships and sexual expression are innate human rights. But we also realise these are not easy conversations to have. This session covers this topic in a professional and approachable manner, to give you instantly more confidence to know the basics and where to go for more support in this under developed area of practice.	Derek Sleater, Co-Founder Sunday care therapy and Occupational Therapist
11.55 - 12.25	<b>An update from CQC, presented with Laura Davidson, Expert by Experience.</b>	Alison Murray, Head of Inspection London, Care Quality Commission
12.30 - 13.15	<b>QUESTION TIME. Put your questions to a panel of experts</b> Alison Murray, Head of Inspection London, Care Quality Commission Hilary Woodhead, Executive Director, NAPA Paul Blane, Managing Director, Care Business Associate Training Keith Oliver, Alzheimer's Society Ambassador	Moderator: Chris Larkin, Associate Director of Services, Alzheimer's Society
13.45 - 14.10	<b>Understanding Lewy body dementia; supporting families.</b> This session will provide an overview of Lewy body dementia; including recognising common symptoms, getting a diagnosis and understanding treatments. Some of the challenges experienced by families affected by Lewy body dementia will be discussed along with possible solutions and accessing support.	Rachel Thompson & Rachael Webb, Consultant Admiral Nurses, Lewy body dementia, Dementia UK
14.15 - 14.40	<b>The Dementia landscape 10 years on - progress and frustrations through the eyes of someone living with Alzheimer's.</b> Since being diagnosed on New Year's Eve 2020 with Alzheimer's I have witnessed much reason to be optimistic and hopeful in the Dementia landscape alongside the frustrations and false dawns that we all are affected by. As well as looking back my talk will set out my vision, aspirations and hopes for Dementia generally and me personally for the next 3 years.	Keith Oliver, Alzheimer's Society Ambassador and Kent and Medway NHS volunteer Dementia Envoy
14.45 - 15.10	<b>How music can support relational aspects of dementia care.</b> Dr Rosie Mead will be explaining the different ways that music can support connections within dementia care including practical tips on incorporating meaningful music within daily care.	Dr Rosie Mead, CEO, Musica Music and Wellbeing CIC
15.15 - 15.40	<b>The future of dementia care.</b> The more we understand dementia, the better the future of dementia care will be delivered. During this session, we will discuss the importance of education from an early age through to a professional career as a caregiver. Delving into the current training available we will seek to ask the question, is it suitable or do we need to think differently to ensure that the care we deliver is truly person-centred.	Paul Blane, Managing Director, Care Business Associate Training
15.45 - 16.10	<b>Can innovation in younger onset dementia diagnosis provide help and hope?</b> This presentation explores how the lives of people living with young onset dementia are affected by the diagnosis process and how innovation could improve the diagnostic process and provide people with help and hope.	Niki-Evans Ward, Senior Innovator, Alzheimer's Society
16.15 - 16.40	<b>Supporting the care sector to prioritise wellbeing.</b>	Hilary Woodhead, Executive Director, NAPA

## Talks Hub Friday 3rd March

This theatre features carers sharing their invaluable experiences of caring for a person with dementia alongside professionals and exhibitors presenting a range of practical talks.

TIME	TITLE	SPEAKER
10.20 - 10.40	<b>With the Right Support, Anything is Possible.</b> Supporting people with dementia to live more active and fulfilled lives.	Gordon Malcolm, Programme Leader, Dementia Adventure
10.45 - 11.15	<b>Considerations when making a Will and Lasting Powers of Attorney.</b> The talk will focus on the legal requirements for a valid Will and Lasting Powers of Attorney and other essential considerations.	Marie Quinn, M2M Community Solicitors LLP
11.20 - 11.40	<b>Taking part in dementia research with Join Dementia Research.</b>	Join Dementia Research team
11.45 - 12.05	<b>Research on the efficacy of OMI's magic surface on dementia care.</b> The Impact of the Mobii Magic Surface in Dementia Care. Presentation of an independent research study assessing the efficacy of OMI's magic surface/interactive table technology in dementia care.	Trevor Nell, Director of Operations, OM Interactive
12.10 - 12.40	<b>Paying for Care.</b> People with dementia invariably pay for their own care which can be means tested. This talk outlines how the paying for care system works, what constitutes 'deprivation of assets', continuing NHS healthcare, and the rules which govern this aspect of the dementia journey. It will also give an update on the delay to the 'care cap'. Q&A included.	Sara Wilcox, CEO, Pathways Through Dementia
13.10 - 13.30	<b>Staying at home with dementia.</b> Join Consultant Admiral Nurse, Dr Jane Pritchard for practical advice on creating safe home environments for people living with dementia, followed by a Q&A.	Dr Jane Pritchard, Consultant Admiral Nurse, Good Care Group
13.35 - 14.05	<b>"I love you. For god's sake don't leave me."</b> John and Kate's story of creating a life together after an Alzheimer's diagnosis.	Kate White, Care Partner
14.10 - 14.30	<b>Positive Results from our Dementia Support Programme.</b>	Simon Osborne (Head of Quality and Compliance and Director of Care) and Rachel Cullingham (Compliance Manager), Right At Home
14.35 - 15.00	<b>Talk to the regulator: Find out more about CQC.</b> A short introduction to the Care Quality Commission and what we do, followed by a Q&A.	Julia Spencer Ellis, Senior Specialist in Adult Social Care, Care Quality Commission
15.05 - 15.30	<b>How to juggle caring for a partner with Young Onset Dementia and being a mother.</b> A glimpse into the challenges of children living with a parent who has dementia; how to balance their needs alongside their fathers as his disease progresses.	Hannah Riches, Dementia UK
15.35 - 15.55	<b>Minimising the effect of dementia for carers.</b> Dementia in a family has a devastating impact, for the person living with dementia, and those providing care and support. It can seem impossible to find peace of mind when constantly worrying about the wellbeing and safety of a loved one. We offer no cure but can offer Assistive Technology solutions, which really do make a difference.	Mike Dines, Managing Director, Medpage Ltd
16.00 - 16.25	<b>Frailty and how it relates to those living with dementia and those providing dementia care.</b>	Sarah Merrill, Clinic Admiral Nurse, Dementia UK

All of the speaker sessions are fully CPD Accredited.  
Scan the QR code for certificate.



## Dementia and Care Matters Theatre **Saturday 4th March**

The main theatre, will host in-depth talks on key topics of interest for carers, relatives and professionals as well as chaired 'Question Time' sessions on both days.

TIME	TITLE	SPEAKER
10.30 - 10.40	<b>A welcome and introduction to this year's Alzheimer's Show.</b>	Paul Edwards, Director of Clinical Services, Dementia UK
10.40 - 11.10	<b>Communicating effectively with people living with dementia.</b> An interactive presentation aimed at people affected by dementia as well as health and social care professionals. Communication is an increasing issue for carers, people living with dementia and health and social care staff. But do you know how to engage and communicate effectively with people living with dementia?	Angelo Makri, Knowledge Officer, Alzheimer's Society
11.15 - 11.45	<b>Issues with eating and drinking?</b> Simple evidence informed solutions with practical applications. In the later stages of Dementia eating and drinking can become a real issue. When it goes wrong it can go really wrong. From frequent chest infections to increased risk of pressure sores. Learn what to do now, before eating and drinking becomes an issue. In this practical session, learn basic but effective techniques to help your patients / loved ones re-engage with food in a safe way. Presented by an Occupational Therapist with real-life experience.	Derek Sleater, Co-Founder Sunday care therapy and Occupational Therapist
11.50 - 12.20	<b>Admiral Nurses Providing Specialist Support 7 Days a Week.</b> Today we examine the most common themes from our callers and how, as Admiral Nurses, we help to provide the specialist advice and guidance they need in an agile manner.	Michelle McGowan & Debi Jackson, Admiral Nurses, Dementia UK Core Services
12.30 - 13.15	<b>QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care.</b> Connor Clerkin-Oliver, Principle Investigator, Re:Cognition Health Paul Edwards, Director of Clinical Services, Dementia UK Jackie Pool, Dementia Care Champion	Chair: Joe Costello, Clinic Service Admiral Nurse, Dementia UK
13.40 - 14.00	<b>A co-operative approach to re-energising the dementia community.</b>	Barbara Stephens, Society Secretary, Dementia Publishing Community Benefit Society
14.05 - 14.30	<b>What's New in Dementia Care.</b> Jackie will describe the latest developments in supporting people to keep healthy and active when also living with dementia. This includes self-management and therapeutic approaches to reducing the symptoms.	Jackie Pool, Dementia Care Champion
14.35 - 15.05	<b>Next-generation treatments for Alzheimer's disease.</b> This talk will explore how Alzheimer's disease presents in its earliest stages and the biomarker techniques used to make an early diagnosis. This will be followed by a discussion of the pathological features of the disease and an explanation of the medications currently in development and how they aim to stop the condition.	Conor Clerkin-Oliver and Dr Anna Podony, Principle Investigators, Re:Cognition Health
15.10 - 15.35	<b>Dementia support in football - a partnership approach between Dementia UK and the PFA.</b> An overview of the partnership between Dementia UK and the Professional Footballer's Association (PFA) and the development of an Admiral Nurse clinic service to support former footballers' and their families. The session will explain how the service was established and will share examples of the impact the clinic has had on PFA members and their families by sharing examples of case studies and key themes that have emerged from the clinic sessions.	Joe Costello, Clinic Service Admiral Nurse and Rebecca Ward-Dooley - Regional Development Lead for Clinical Services, Dementia UK

## Talks Hub Saturday 4th March

This theatre features carers sharing their experiences alongside professionals and organisations presenting a range of practical talks.

TIME	TITLE	SPEAKER
10.30 - 10.55	<b>People and families living with young onset dementia.</b> Jules is speaking about the challenges younger people and their families face in getting a diagnosis, the impact of having a diagnosis and the support that should be available to them.	Jules Knight, Consultant Admiral Nurse for Young Onset Dementia, Dementia UK
11.00 - 11.20	<b>Prevent People With Dementia From Becoming Lost.</b> Learn about the world's first medical device designed to prevent people with dementia from becoming lost. Through collaborations with Alzheimer's charities, our goal is to improve safety nationwide with Otium!	Jamie Munro, Sales Manager, Pentland Medical
11.25 - 11.50	<b>Maintenance Cognitive Stimulation Therapy (MCST) for people with mild to moderate dementia.</b> This session will provide an introduction to Cognitive Stimulation Therapy (CST) and Maintenance Cognitive Stimulation Therapy (MCST), an evidence-based intervention for people with mild to moderate dementia. It will explore some of the techniques that may be used and look at MCST programmes currently being offered in some local Age UKs, including uptake and outcomes so far.	Rachel Freeman, Technical Advice Support Officer, Health and End of Life Care, Age UK
11.55 - 12.15	<b>Can I still drive with dementia?</b>	Sarah Wright, Driving Advisor Occupational Therapist, Herts Ability
12.20 - 12.50	<b>Making decisions about remote monitoring and smart care: how to choose the right solutions for you.</b> An array of new developments in remote monitoring and smart digital devices can help us to keep people safe and well in their own homes. However, these technologies can also bring practical challenges or raise concerns about privacy and security, and the range of technologies on offer can be bewildering. This session introduces the technologies and explores issues to consider when choosing a solution.	Professor Christine Hine, Professor of Sociology, University of Surrey
12.55 - 13.15	<b>Dementia Care at Home with Draycott Nursing &amp; Care.</b> Draycott Nursing & Care offers bespoke at home care for people living with dementia. This care is person centred and ranges from short companionship visits to 24 hours live in care. Our service always puts the individual at the heart of their care. We pride ourselves on being evidence based and always providing outstanding holistic care to clients and their loved ones.	Catherine Twomey, Managing Director, Draycott Nursing & Care
13.20 - 13.40	<b>Personal Hygiene while being cared for, the bigger picture!</b> A discussion on the importance of providing personal hygiene to someone that might not understand. Going back to basics to provide the best alternative care possible for the patient and the carer.	Gemma Hughes, Personal Care Manager, Waterless Ltd
13.45 - 14.05	<b>Safe and warm.</b> The Gas Distribution networks are working together to help keep their customers safe and warm this winter. Find out more about the support that's available.	Kerry Potter, Group Social Impact and Vulnerability Manager, UK Gas Distribution Networks
14.10 - 14.35	<b>My Name is Not Dementia: Carers, Care and Carer's Care Again.</b> Dementia: Film & Documenting - The Importance and Power of sharing a life with dementia through Independent documentary films. Brothers Andrew (36) and Lee (48) cared for their Mother Val for 13 years who had all variants of Frontotemporal Dementia and Motor Neurone Disease from the age of 55. Caring for their mother and father and these daily challenges presented worlds of experiences they could not imagine, although, like for many, it creates skills and knowledge like no other. They made 3 films since raising awareness of still, less known dementia.	Lee Pearse, Founder and Director of The Valerie Foundation, Dementia Manager at Heeley City Farm and Independent Filmmaker
14.40 - 15.05	<b>White lies: is it ever OK to lie to people with religious or philosophical beliefs?</b> How and why to protect individual identities when catering for specific dietary beliefs - even when they have been forgotten.	Amanda Woodvine, Chief Executive, Vegetarian For Life
15.10 - 15.35	<b>Take Back Control.</b> Why making plans for your later and end of life is good for your health, and a tried and tested solution to help you make those plans.	Zoe Harris, CEO, Mycarematters