

# Alzheimer's Matters Theatre

## Friday 7th June

The main theatre, will host in-depth talks on key topics of interest for carers, relatives and professionals as well as chaired 'Question Time' sessions on both days. Leading professionals will speak on a wide range of topics.

TIME	TITLE	SPEAKER
10.00 - 10.10	<b>A welcome and introduction to this year's Alzheimer's Show.</b>	Jeremy Hughes, Chief Executive, Alzheimer's Society
10.10 - 10.40	<b>Alzheimer's Society - the New Deal on Dementia.</b>	Gavin Terry, Head of Policy, Alzheimer's Society
10.45 - 11.15	<b>The latest in dementia research.</b> An Alzheimer's Research UK expert will share an update on what we currently know about dementia, exploring the complex field of dementia research and where it is heading.	Dr Sara Imarisio, Head of Strategic Initiatives, Alzheimer's Research UK
11.20 - 11.55	<b>"Dear Alzheimer's" Keith Oliver person living with dementia.</b> Keith is a former headteacher was diagnosed with Alzheimer's disease in 2010.	Keith Oliver, living with dementia and campaigner
12.00 - 12.30	<b>Beyond Barriers: meeting the care needs of older people.</b> Most older people in England, particularly those with complex needs, will receive care at some time. Their experiences of care will depend on how different services work together for them, their families and carers.	Alison Murray, Head of Inspection and Dementia Lead, CQC
12.40 - 13.30	<b>QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care.</b> Dr Sara Imarisio, Head of Strategic Initiatives, Alzheimer's Research UK. Gavin Terry, Head of Policy, Alzheimer's Society. Alison Murray, Head of Inspection and Dementia Care, CQC. Dr James Warner, Medical Director, Halcyon Doctors. Keith Oliver, living with dementia and campaigner.	Chair: Jeremy Hughes, Chief Executive, Alzheimer's Society
13.45 - 14.10	<b>How virtual reality is being used to complement dementia training in the healthcare profession.</b> Dr Board will talk about how she has been working with ARUK to develop virtual reality app A Walk Through Dementia into an educational tool for healthcare professionals.	Dr Michele Board, Alzheimer's Research UK
14.15 - 14.40	<b>Innovation in dementia care.</b> Today, thanks to our greater understanding of dementia, the ability to help many people live more fulfilled, positive lives in the community is very real. Technological innovation and carer education have helped make huge strides in the quality of life of the informed few and through this talk we will be able to show how adopting innovative practice can deliver changes in the lives of those with dementia.	Barry Sweetbaum, Founder and Managing Director SweetTree Connect
14.45 - 15.10	<b>Managing behavioural and psychological symptoms of dementia.</b> Behavioural and psychological symptoms of dementia occur in up to 90% of people. They cause distress, institutionalisation and early death. The talk will outline the common symptoms, and discuss assessment and management.	Dr James Warner, Medical Director, Halcyon Doctors
15.15 - 15.40	<b>Top tips for communicating with people with dementia.</b> An interactive presentation aimed at people affected by dementia as well as health and social care professionals. Communication is an increasing issue for carers, people living with dementia and health and social care staff. But do you know how to engage and communicate effectively with people living with dementia?	Raj Kapoor, Head of External Training and Consultancy and Caroline Hayden Wright, Alzheimer's Society
15.45 - 16.10	<b>From Dementia to Rementia: Reducing the symptoms of dementia with cognitive rehabilitation therapy.</b> The presentation demonstrates how therapeutic techniques can enable people with dementia to improve in every day function and describes the impact on a care home service, residents and their families.	Jackie Pool, Director of Memory Care, Sunrise Senior Living
16.15 - 16.45	<b>Dementia Connect - a connected approach to dementia care.</b> Dementia Connect allows anybody to refer a person affected by dementia into the Alzheimer's Society for support and guidance and brings together our services, providing a clear route to support for people living with dementia and their carers, straight from the point of referral to us.	Linda O'Sullivan, Head of Region - London and South East, Local Services, Alzheimer's Society

# Talks & Topics Theatre

## Friday 7th June

At the heart of the exhibition, this theatre features carers sharing their invaluable experiences of caring for a person with dementia alongside professionals covering a range of practical advice topics.

TIME	TITLE	SPEAKER
10.20 - 10.45	<b>Sharing the power of music: using Playlist for Life to reach people with dementia.</b>	Sarah Metcalfe, Chief Executive, Playlist for Life
10.50 - 11.20	<b>Prevention and risk reduction of dementia.</b> How should we think about prevention and risk reduction for dementia. Are there key things we can do to help reduce our risks and what can we change in our lifestyles?	Paul Edwards, Director of Clinical Services, Dementia UK
11.25 - 11.55	<b>Mental Capacity Act - A Surgery.</b> This is an open forum to discuss key aspects of the Mental Capacity Act in dementia care, including applying the principles of the MCA, obtaining consent, DoLS (Deprivation of Liberty Safeguards) and lasting Powers of Attorney.	Dr James Warner, Medical Director, Halcyon Doctors
12.00 - 12.30	<b>Legal considerations when diagnosed with dementia.</b> Advice and support your solicitor can offer to help clients diagnosed with dementia, including Wills, Powers of Attorney, Trusts, Deputyship, Council Tax, Funerals, and Probate.	Adrian Howlett, Estate Planning Consultant, McClure Solicitors
12.35 - 13.00	<b>Safety monitoring in Care Homes...It's Personal....</b> CCFTV is a leading successful national initiative for the use of safety monitoring in UK care homes. CCFTV are working with major care providers to implement cctv in communal areas in all care homes for the safety of vulnerable residents living with dementia, care staff and families. Opening up the discussion for the need of safety monitoring to be mandatory in communal areas in all UK care settings.	Jayne Connery, Director/Founder Care Campaign For The Vulnerable
13.15 - 13.45	<b>Lewy Body Dementia.</b> A brief description of the pathology of Lewy Body Dementia and strategies for therapy intervention.	Clare Johnson, Specialist OT Parkinsons, University Hospitals of Derby and Burton NHS trust
13.50 - 14.10	<b>From carer to dementia researcher.</b> Helen's husband, Clive, was diagnosed with frontotemporal dementia aged just 46 and he died in 1999 aged 51. As a result of her experience, Helen decided to make a career change and become a dementia researcher. She completed her PhD in 2015 and her current research involves using MRI scans to improve diagnosis for Alzheimer's disease. Helen is optimistic about the power of research to find new treatments for people with dementia.	Helen Beaumont, Alzheimer's Research UK supporter and dementia researcher
14.15 - 14.45	<b>Living well with dementia: practical tips.</b> A dementia diagnosis often comes as a shock. How do I start to come to terms with the news? What can I expect to happen? Can I really live well with dementia, and if so how? Providing information, advice and support to thousands of people with dementia, Alzheimer's Society understands what you're living through. Hear Tim's tips from 10 years of working at the Society and his own personal experience.	Dr Tim Beanland, Head of Knowledge, Alzheimer's Society
14.50 - 15.10	<b>How I used my dementia diagnosis for good by taking part in research.</b> Brenda was diagnosed with Alzheimer's disease in 2015 at the age of 71. After the initial shock of her diagnosis, Brenda decided she wanted to get involved in research to help scientists make new breakthroughs in treatments for Alzheimer's disease. The couple will share Brenda's journey from her initial symptoms to now and talk about how they continue to raise awareness.	Brenda and Stephen Whittle, Champions of Alzheimer's Research UK
15.20 - 15.50	<b>Eating difficulties and dementia - practical approaches.</b> Links between nutrition and dementia are known to pre-date diagnosis, and as it progresses, eating difficulties can make eating enough a challenge for both the person with dementia and their carers. Here we focus on practical approaches which can help the person to eat enough to meet their needs.	Alison Smith, Prescribing Support Consultant Dietitian, Herts Valleys CCG and Chair, British Dietetic Assoc Older People Specialist Group
16.00 - 16.30	<b>How specialist palliative care services can support people living with a dementia diagnosis.</b> How we support people with dementia (and their professional or informal carers, friends and family) to engage in Advanced Care Planning and how we assess the needs of patients with dementia and their families including physical, psychological, behavioural, social and spiritual needs. The importance of liaising with other healthcare professionals involved with advance care planning, symptom management, carer support and end-of-life care.	Nuno Santos Lopes, Clinical Nurse Specialist in Palliative Care & Dementia, Royal Trinity Hospice

## Exhibitor Workshop Theatre Friday 7th June

This theatre will showcase the latest and best products and services from many of the exhibitors in short, interactive sessions.

TIME	TITLE	SPEAKER
10.30 - 10.50	<b>Use of technology in dementia care.</b> Application of assistive technology in dementia care setting.	<b>CQC - Care Quality Commission.</b> Tomasz Nicpon, Inspector
10.55 - 11.15	<b>Interactive tables in dementia care.</b> This session explores the many roles this technology can play in supporting physical & emotional well-being for those living with dementia and their carers/family members.	<b>OM Interactive.</b> Anna C. Park, Care Consultant
11.20 - 11.40	<b>The transformative power of technology in home care: join the revolution.</b> New technologies are opening the door to considerable savings and significantly improving the quality of care. A new generation of care services is being unlocked, bringing tailored and preventative care to older adults. By integrating digital apps, home connected devices and machine learning, leading care providers and technologists are joining forces to shape the care industry of today.	<b>Birdie.</b> Max Parmentier, CEO & Founder
11.45 - 12.05	<b>How can we most effectively improve the lives of family carers of people with dementia?</b> Insights and stories from our professionally-led courses and services, demonstrating how important it is for family carers to have access to the right support when they most need it.	<b>Dementia Carers Count.</b> Dr Gemima Fitzgerald, Clinical Psychology Lead
12.10 - 12.30	<b>Safer walking for vulnerable individuals using GPS.</b> Oli talks about how GPS technology can help vulnerable individuals to walk outside safely.	<b>Ravencourt.</b> Oli Story, Managing Director
12.35 - 12.55	<b>If I get dementia, will they serve me meat?</b> Catering well and inclusively for vegans and vegetarians can be a challenge in the care home environment. Research has shown that 22% of UK care homes have one or more vegetarian residents. Find out how to develop your practice - and be mindful of the law - when catering for specific dietary beliefs.	<b>Vegetarian for Life.</b> Amanda Woodvine, Chief Executive
13.30 - 13.50	<b>The Salford Institute for Dementia: Working in partnership with people impacted by dementia to deliver research, education and public engagement.</b> The Institute, based at the University of Salford, works alongside those affected by dementia to undertake research, teaching, and public engagement work as well as run a regular series of activity groups. This session will outline how we work together to deliver this unique programme of activities.	<b>The Salford Institute for Dementia.</b> Prof. Andrew Clark, Research Lead. Dr Sarah Smith, Research Associate. Sandra Jones and Vera Shaw, Dementia Associates
13.55 - 14.15	<b>Can living independently with Alzheimer's ever be safe?</b> With Local Authority budgets imploding and the incidence of dementia ever on the increase, more and more pressure is placed upon family carers to fill the void created by our failing National Health Service. With more reliance on Assistive Technologies, Medpage can provide affordable helpful solutions.	<b>Medpage Ltd.</b> Mike Dines, Managing Director
14.20 - 14.40	<b>Living longer in the home you love with Astraline.</b> People want to live independently in their own homes for as long as possible. Astraline is here to make this happen, come and see how we do it.	<b>Astraline.</b> Lisa Brumwell Customer and Product Manager
14.45 - 15.05	<b>Magic Table.</b> How the Magic Table can be used to create increased happiness and clear social impact for the every day life of those with cognitive challenges.	<b>Tovertafel UK.</b> John Ramsay, CEO, Shift 8
15.10 - 15.30	<b>Optimise your wellbeing, mood and memory.</b> A brief overview of some of the key areas that research has shown as being important for brain health which include nutrition, gut health, stress management, improving sleep, physical activity and brain training; and provide you with some ideas and suggestions that you can implement straight-away.	<b>Cytoplasm.</b> Clare Daley, BSc Hons, PgDip, Nutritional Therapist
15.35 - 15.55	<b>Living Made Easy.</b> The Disabled Living Foundation has been providing free, impartial advice to people with disabilities for 50 years. Come and join us for information on how to make living easier.	<b>Disabled Living Foundation.</b> Melanie Poyser, Independent Living - Regional Lead
16.00 - 16.20	<b>Why consider a MindforYou Holiday?</b> Come and hear of the real benefits our guests see on a MindforYou supported holiday and understand why they feel our alternative traditional respite is the way forward.	<b>MindforYou.</b> Carol Sargent, Founder

## Practical Activities Workshop Friday 7th June

Visitors have the opportunity to take part in engaging activities all designed to help people supporting those with dementia.

TIME	TITLE	SPEAKER
10.40 - 11.20	<b>Designing environments for people with dementia using a sensory approach.</b>	Dr Lesley Collier, Southampton University & Rompa
11.40 - 12.20	<b>Changing the lives of those with dementia using smart home technology.</b> SweetTree Connect will be demonstrating its new Technology Assisted Independent Living solution (TAILS) which will revolutionise the lives of those living at home with dementia. TAILS uses the latest Internet of Things smart sensor technology to help people with dementia live safe and independent lives in the community. This demonstration will show how these small, discrete sensors work and how they can change lives, bringing reassurance and peace of mind to individuals and their families.	Barry Sweetbaum, Founder and Managing Director, SweetTree Connect
12.40 - 13.20	<b>Art session 1.</b> Exploring the therapeutic nature and joy of art. A moment to leave dementia behind!	Creative Minds Artists
13.40 - 14.20	<b>Art session 2.</b> A repeat of session one, the Creative Mind Artists explore the therapeutic nature art.	Creative Minds Artists
14.40 - 15.20	<b>iCST and Therapy at SweetTree: a practical example.</b> Discussion about how iCST is used to inform packages. Be prepared, this will be interactive, and you will have the opportunity to be part of an iCST group. We aim to challenge your brain!	Rikki Lorenti, Clinical Dementia Nurse Specialist and Alexis Cibrano, Dementia Service Manager, SweetTree Home Care Services
15.40 - 16.20	<b>Celebrating Ourselves: Beating Stress.</b> You care, but who cares for you? Family carers and professional care providers often experience stress that can result in illness, depression and medical errors. This session reminds participants of ways to identify stress and respond in healthy ways. The first organization to implement international collaborations around burnout prevention with caregivers in 2004, HCEI has presented across the UK and US.	R. Scott Boots, The Health Cares Exchange Initiative, Inc.

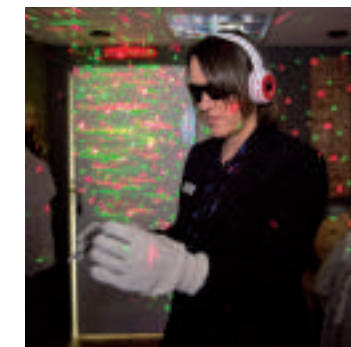
### The Virtual Dementia Tour

For the first time in London, The Virtual Dementia Tour will feature at The Alzheimer's Show.

This innovative training experience, run by Training2Care, will give you an understanding of what a person living with dementia experiences daily.

This interactive experience is medically and scientifically proven to be the closest that a person with a healthy brain can experience what dementia might be like and is 'must have' training for every care professional or family member who wants a better understanding of dementia.

Sessions are on a first come basis and can be booked at the Virtual Dementia Tour Stand A11 and are free to attend throughout the 2-day event.



## Alzheimer's Matters Theatre Saturday 8th June

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TIME	TITLE	SPEAKER
10.30 - 10.40	<b>A welcome and introduction to this year's Alzheimer's Show</b>	Tim McLachlan, Director of Local Services, Alzheimer's Society
10.40 - 11.10	<b>The Research Network, celebrating 20 years of involving people affected by dementia in research.</b> Alzheimer's Society has championed the active involvement of people affected by dementia in research for two decades through our Research Network. Our Research Network includes a team of 300 volunteers who are carers, former carers and people living with dementia. We believe people affected by dementia can make a unique and valuable contribution in every stage of research. The voice and priorities of people affected by dementia are vital to ensuring we fund and support the highest quality, relevant dementia research and to maximise its impact.	Anna-Louise Smith, Research Engagement Manager, Alzheimer's Society and a Research Network Volunteer
11.15 - 11.40	<b>Living with dementia - a personal view.</b> Peter is a positive person who speaks from the heart about living with dementia. He was diagnosed with Alzheimer's four years ago.	Peter Berry from Suffolk was diagnosed with Alzheimer's in 2015, aged 52
11.45 - 12.25	<b>The links between head injury and dementia.</b> Dr Neil Graham will discuss his latest research into the relationship between head injury and the risk of developing dementia. He will explore the challenges in understanding how different brains change over time after injury and the importance of researching this link further.	Dr Neil Graham, Alzheimer's Research UK Clinical Research Fellow at the Division of Brain Sciences, Imperial College
12.30 - 13.20	<b>QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care.</b> Dr Neil Graham, ARUK Clinical Research Fellow at Imperial College London. Paul Edwards, Director of Clinical Services Dementia UK. Dr Emer MacSweeney, CEO Re:Cognition Health & Consultant Neuroradiologist. Peter Berry, living with dementia and campaigner. Barry Sweetbaum, Managing Director, SweetTree Home Care Services.	Chair: Tim McLachlan, Director of Local Services, Alzheimer's Society
14.00 - 14.25	<b>Prevention of Alzheimer's disease has to be the way forward.</b> Prevention of Alzheimer's requires an understanding of the cause of the disease, the biomarkers that enable early, accurate diagnosis and access to treatments to slow down, or ideally stop onset or progression of early symptoms.	Dr Emer MacSweeney, CEO of Re:Cognition Health
14.30 - 14.55	<b>The sandwich generation and know your rights.</b> In the UK we have a growing number of sandwich carers. What can we do to help carers who have both caring, work and family responsibilities?	Paul Edwards, Director of Clinical Services, Dementia UK
15.00 - 15.30	<b>Choosing the right care home.</b> What can trigger the necessity to move into a care home setting and how to find the right care home for your loved one. How do we know what excellent dementia care looks like within a care home?	Tracey Carter, Consultant Admiral Nurse, Dementia UK

The theatre programme may be subject to change at the discretion of the organisers

## Talks & Topics Theatre Saturday 8th June

At the heart of the exhibition, this theatre features carers sharing their invaluable experiences of caring for a person with dementia alongside professionals covering a range of practical advice topics.

TIME	TITLE	SPEAKER
10.40 - 11.10	<b>The truth about personal budgets.</b> What are personal budgets, am I entitled to one, what can I spend it on, how much will I get? Hear the answers to all these questions and more as we look in detail at the truth about personal budgets and how to make them work for you.	Ian McCreath, Personal Choice Programme Manager, Alzheimer's Society
11.15 - 11.40	<b>Providing age appropriate support for younger people with dementia.</b> Mark and Rikki will discuss a "live" age appropriate model of support for younger people with dementia in Berkshire and how the promotion of mental and cognitive stimulation is important in any new developments. How does it work today, and what are the plans for developing age appropriate care in the future.	Mark Hainy, Director YPWD (Younger People with Dementia) Berkshire West and Rikki Lorenti, Clinical Dementia Nurse Specialist, SweetTree Home Care Services
11.45 - 12.05	<b>Tackling the stigma and lack of awareness around dementia.</b> Emily's mum, Janet, was diagnosed with early-onset Alzheimer's disease in 2010 aged 60. Emily was at university when her mum first started showing symptoms, so for all her adult life her mum has been living with Alzheimer's. Frustrated by the lack of public knowledge of Alzheimer's at the time of her mum's diagnosis, Emily is determined to raise awareness of the disease and the need for dementia research.	Emily Allen, Alzheimer's Research UK supporter
12.10 - 12.40	<b>Talking to kids about dementia - contributing to a dementia-friendly generation.</b>	Juliet Rix, journalist & author of children's book Travels with my Granny
13.30 - 14.00	<b>'Top 5 questions on the Admiral Nurses Dementia Helpline'.</b> This session will cover some of the main reasons why people may contact the Admiral Nurse Dementia Helpline, and will aim to provide suggestions and build awareness and about each topic: *How to obtain a diagnosis. *Confusion about the term dementia and the different subtypes (vascular etc.) and the difference between dementia and delirium. *Struggling with a lack of locally coordinated care. *Lack of post diagnostic support. *How to consider managing distress and behaviours that may cause concern or risk	Helen Green and Ailsa Woods, Admiral Nurse Helpline, Dementia UK
14.05 - 14.35	<b>From early signs and symptoms to end of life experiences: how products can support families throughout the dementia journey</b>	Barbara Stephens, Caregiver-in-Chief, Unforgettable
14.40 - 15.10	<b>Medicines prescribed for dementia.</b> Supporting individuals and carers with the how, why and when of medicines in dementia care.	Anne Child MBE, Pharmacist and Dementia Specialist Lead at Royal Masonic Benevolent Institution
15.15 - 15.40	<b>Social Inclusion, dementia and the end of loneliness.</b> Steve will speak about the ground breaking memory cafe at St Cuthberts and how it has created a brand new community of love, care and fun.	Reverend Steve Morris, Reverend and Memory Cafe Facilitator

The Alzheimer's Show 2020 will be held on the 5th and 6th June at Olympia London.

Sponsored by



THE **ALZHEIMER'S SHOW** 5-6 June 2020 Olympia London

In partnership with





## Exhibitor Workshop Theatre Saturday 8th June

This theatre will showcase the latest and best products and services from many of the exhibitors in short, interactive sessions.

TIME	TITLE	SPEAKER
11.00 - 11.20	<b>Join Dementia Research.</b> Only research will enhance our understanding of dementia and help us find and develop better, more effective treatments. Join Dementia Research is an innovative service that matches people with dementia, their families and carers with research taking place across the UK. Be part of helping to prevent and treat dementia - Join Dementia Research today. <a href="http://www.joindementiaresearch.nihr.ac.uk">www.joindementiaresearch.nihr.ac.uk</a>	<b>NIHR - Join Dementia Research.</b> Dr. Clare Shaw, Research Delivery Manager for the NIHR Clinical Research Network Coordinating Centre
11.25 - 11.45	<b>Getting your affairs in order.</b> A breakdown of the core services that McClure Solicitors provides, including Wills, Will Reviews, Lasting Powers of Attorney, Family Protection Trusts and Inheritance Tax Planning.	<b>McClure Solicitors.</b> Adrian Howlett, Estate Planning Consultant
11.50 - 12.10	<b>How to stay at home with the right dementia care.</b> Independence. It's something that many of us take for granted. Explore how focussing on enablement can allow someone with dementia to continue living in the home they know and love, with comfort, safety and independence.	<b>Helping Hands.</b> Amanda Ansell, Head of Home Care South-East
12.15 - 12.30	<b>Caring for cats, caring for people.</b> An overview of the benefits of cat companionship, together with a look at the services that Cats Protection offers to people who have loved and/or lost a feline friend.	<b>Cats Protection.</b> Emma Osborne, Events Manager and Catherine Joyce, Paws to Listen Coordinator
12.35 - 12.55	<b>Dementia Adventure - positive &amp; practical support for family carers.</b> Find out about national charity Dementia Adventure's innovative approach to 'risk enablement', including supported holidays and our free 'Thinking Differently About Dementia' events designed specifically for family carers.	<b>Dementia Adventure.</b> Simon Thorp, Head of Business Development & Innovation
13.20 - 13.40	<b>Music Memory Box : Reminisce, reawaken and reconnect.</b> How can families and care homes use person centred multisensory reminiscence to improve communication and quality of life for people living with dementia?	<b>Studio Meineck.</b> Chloe Meineck, Director
13.45 - 14.05	<b>Activities and Innovation.</b> Ben Atkinson-Willes was caring for his grandfather who was living with Alzheimer's disease when he noticed a lack of appropriate activity products for people with cognitive impairment. Active Minds was set up to meet this need and has since discovered how appropriate activity can reduce some of the challenges when caring for someone.	<b>Active Minds.</b> Ben Atkinson-Willes, Director
14.10 - 14.30	<b>Proper holidays for people with Alzheimer's and their loved ones.</b> We will be telling you more about our revitalising holidays for people with Alzheimer's and their carers, including personalised care support, our blend of daily excursions and our fully accessible holiday centres.	<b>Revitalise.</b> Terry Gray, Head of Operations
14.35 - 14.55	<b>Financial protection for people living with Alzheimer's.</b> Advice for people on how to ensure that their finances and health care stay within the control of the correct people; using Lasting Powers of Attorney or Deputyships.	<b>Estate Planning Solutions.</b> John Heavens MIPW, Senior Estate Planning Consultant
15.00 - 15.20	<b>Lock them in or let them walk.</b> What do you do when your loved one with dementia goes for a walk and doesn't return home? Learn about the technology which will give freedom to the person with dementia whilst giving carers peace of mind.	<b>Mindme.</b> Adrian Wolf, Chief Executive

## Practical Activities Workshop Saturday 8th June

Visitors have the opportunity to take part in engaging activities all designed to help people supporting those with dementia.

TIME	TITLE	SPEAKER
10.40 - 11.20	<b>Celebrating Ourselves: Beating Stress.</b> You care, but who cares for you? Family carers and professional care providers often experience stress that can result in illness, depression and medical errors. This session reminds participants of ways to identify stress and respond in healthy ways. The first organization to implement international collaborations around burnout prevention with caregivers in 2004, HCEI has presented across the UK and US.	R. Scott Boots, The Health Cares Exchange Initiative, Inc.
11.40 - 12.20	<b>Top tips for communication!</b> Come and meet Billy - SweetTree's very own Pet Therapy Pooch and let's discover how pleasant experiences can teach us so much about great communication.	Nicki Bones, CEO, SweetTree Home Care Services
12.40 - 13.10	<b>Megans Active Ageing Class. 30 minutes chair based exercise.</b> All exercises are safe and effective for older adults and carers. Exercises are programmed to target mobility, movement, balance, circulation and strength. It is a chance for older adults to take control of their own wellbeing, and improve their day to day lives and independence.	Megan Donnellan, Older Adults Exercise Instructor and Memory Cafe Assistant
13.40 - 14.20	<b>iCST and Therapy at SweetTree: a practical example.</b> Discussion about how iCST is used to inform packages. Be prepared, this will be interactive, and you will have the opportunity to be part of an iCST group. We aim to challenge your brain!	Rikki Lorenti, Clinical Dementia Nurse Specialist and Alexis Cibrano, Dementia Service Manager, SweetTree Home Care Services
14.40 - 15.30	<b>Art session.</b> Exploring the therapeutic nature and joy of art - a moment to leave dementia behind!	Creative Minds Artists

### Book an advice session with an Alzheimer's Society Dementia Advisor

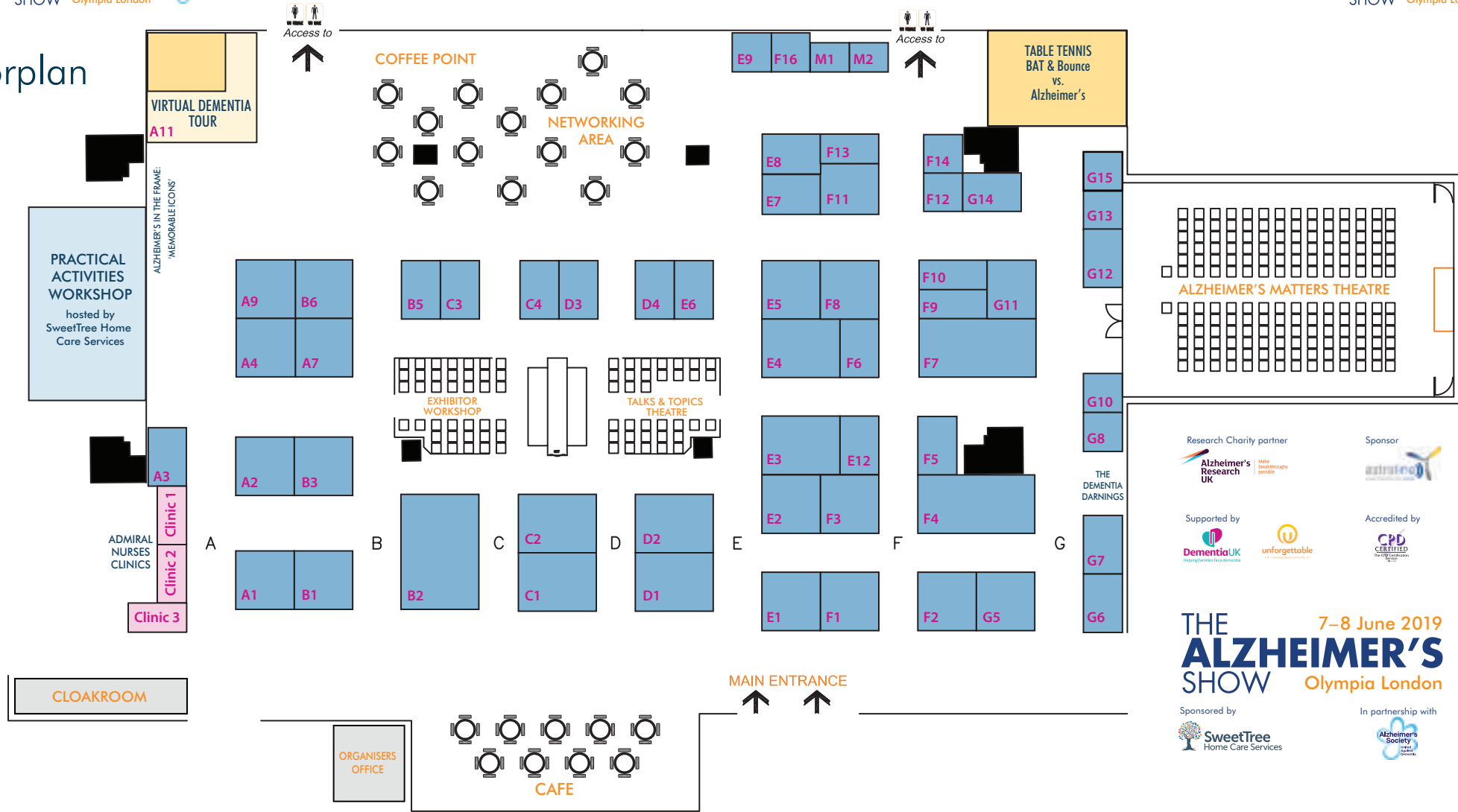


We are proud to be partners of the Alzheimer's Show, where our Dementia Advisors will be offering private one to one advice sessions for anyone with questions about dementia. Whether you are someone who has a diagnosis of dementia, are in the process of receiving a diagnosis, or a family member or friend, we would like to speak to you.

These advice sessions will allow you to have a free 20-minute confidential conversation with an Alzheimer's Society Dementia Advisor in a private room on both days of the Show. Sessions can be booked at the Alzheimer's Society stand F7 and are on a first come basis.

Come see us at the Alzheimer's Society stand, to book your session, speak to our staff and help yourself to our informative publications.

# Floorplan



Research Charity partner: Alzheimer's Research UK  
 Sponsor: Astraline  
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 Accredited by: CPD CERTIFIED

**THE ALZHEIMER'S SHOW** 7-8 June 2019 Olympia London  
 Sponsored by SweetTree Home Care Services  
 In partnership with Alzheimer's Society

Active Minds	D3	Chariot Team - Imperial College London	F16	Hidden Hearing	B1	Parkinson's UK	F1	Signs Express	G12
Acumag	F10	Christies Care	C2	Independent People Homecare	B3	PJ Care Ltd	E5	SovaCare Experience Table	D4
Admiral Nurses	A3	The Chronicle Memory Box	M2	Join Dementia Research NIHR	F11	Playlist For Life	E8	Sunrise Senior Living	F3
Age UK	A2	Creative Minds	A4	Leemic	G10	Ravencourt Living	E12	SweetTree Home Care Services	B2
Alzheimer's Research UK	F4	Dementia Adventure	E6	Lifesaver Pods	M1	Re:Cognition Health	D2	TOVERTAFEL (Magic Table)	C3
Alzheimer's Society	F7/F9	Dementia Carers Count	G6	McClure Solicitors	E7	Revitalise	G13	Training2Care/	
Astraline	A9	Dementia UK	A3	MedPage/EasyLink	G11	Right at Home	A1	Virtual Dementia Tour	A11
Birdie	E1	Disabled Living Foundation	B5	Mind For You	F12	Rompa/Winslow	C1	Vegetarian for Life	F13
The Brain Health Programme	A7	Driving Miss Daisy	F12	Mindme	C4	Royal Masonic Benevolent Institution Care Company	E2	WSL Ltd	F6
BT Plc	F8	Estate Planning Solutions	G14	Modulex	D1	Salford Institute for Dementia	G7		
Care Quality Commission	F5	Health Education England	E9	Music Memory Box	G8	SGN	F2		
Cats Protection	G5	Helping Hands Home Care	E4	My Life Films	F14	SHC	F2		
Centra	B6			OM Interactive Ltd	E3		G15		