

Alzheimer's Matters Theatre

The main theatre, will host in-depth talks on key topics of interest for carers, relatives and professionals as well as chaired 'Question Time' sessions on both days. Leading professionals will speak on a wide range of topics.

Friday 8th June

TIME	TITLE	SPEAKER
10.00 - 10.10	A welcome and introduction to this year's Alzheimer's Show	Jeremy Hughes, Chief Executive, Alzheimer's Society
10.10 - 10.40	What good dementia care looks like. Alzheimer's Society looks at what good care looks like, so everyone affected by dementia can demand better. This session will also look at the rights of people affected by dementia and the 'Dementia Statements' which reflect the things people say are essential to their quality of life.	Gavin Terry, Policy Manager, Alzheimer's Society
10.45 - 11.25	Dr David Reynolds gives an update on what we currently know about dementia, exploring the complex field of dementia research and where it is heading.	Dr David Reynolds, Chief Scientific Officer, Alzheimer's Research UK
11.30 - 12.00	Keith Oliver and Dianne Wilkinson, both living with dementia, in conversation with Jeremy Hughes. Keith, a former headteacher was diagnosed with Alzheimer's disease in 2010. Dianne has been raising awareness of dementia since her diagnosis in 2013.	Jeremy Hughes, Chief Executive, Alzheimer's Society with Keith Oliver and Dianne Wilkinson
12.00 - 12.30	Mending the Cracks in the Pathway: Quality Matters. Andrea Sutcliffe will look back at CQC's important 2014 dementia report, Cracks in the Pathway: people's experiences of dementia care as they move between care homes and hospitals. She will reflect on progress since then and on CQC's recent reviews of local systems and the cracks that may exist between other services.	Andrea Sutcliffe, Chief Inspector of Adult Social Care, Care Quality Commission
12.40 - 13.30	QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care. Dr David Reynolds, Chief Scientific Officer, Alzheimer's Research UK. Andrea Sutcliffe, Chief Inspector of Adult Social Care, CQC. Gavin Terry, Policy Manager, Alzheimer's Society. Dr James Warner, Medical Director, Halcyon Doctors. Keith Oliver, living with dementia and campaigner.	Chair: Jeremy Hughes, Chief Executive, Alzheimer's Society
14.00 - 14.25	Prevention at scale, the potential of NHS Health Check in supporting reducing dementia risk at a population level. NHS Health Check is a population wide intervention available to all 40-74 year olds in England, with the aim of ensuring that everyone who has Cardio Vascular Disease is diagnosed, optimally treated, and those with a high risk of CVD managed to reduce risk. Messaging about dementia is to be included as standard into the programme.	Jo Foster Stead, Public Health England, Deputy national lead Cardiovascular Disease Prevention
14.30 - 14.55	Mental Capacity Act; what you need to know! The Mental Capacity Act is over 10 years old and still has to come of age. The Act provides huge benefits and safeguards for people who lack capacity. However, most members of the public and many clinicians do not fully understand the Act and it's implications and benefits. This talk is intended to set that straight.	Dr James Warner, Medical Director, Halcyon Doctors
15.00 - 15.25	Living well with dementia, how Alzheimer's Society can help you. A practical guide from Alzheimer's Society on how to live well after your dementia diagnosis	Linda O'Sullivan, Head of Region - London and South East, Local operations, Alzheimer's Society, Gary and Jackie Whiting, affected by dementia
15.30 - 15.55	Living with rarer dementias. This session will briefly explore some of the issues encountered by families living with the effects of rarer dementias including familial Alzheimer's disease and frontotemporal dementias. Advice will be given about services and support that could be helpful for people diagnosed with these conditions, and their families.	Hilda Hayo, Chief Admiral Nurse/CEO, Dementia UK
16.00 - 16.40	End of Life Care - Panel Discussion. All people who develop dementia will have dementia at the end of their lives, either as the condition they die from or as a factor which may complicate the care of a different condition. This session focuses on the excellence in care required for dying well with dementia. Chair: Jo Vavasour, Head of External Partnerships and Development, Alzheimer's Society	Speakers: Hazel Temperton, Marie Curie. Shelagh Robinson, living with dementia, has experience of caring for someone at end of life. Jacqui Bingham, living with dementia.

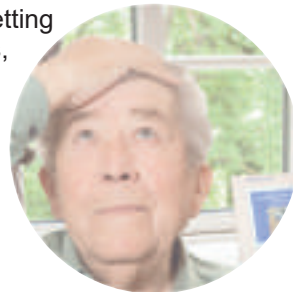
Alzheimer's Matters Theatre

Saturday 9th June

TIME	TITLE	SPEAKER
10.30 - 10.40	A welcome and introduction to this year's Alzheimer's Show	Tim McLachlan, Operations Director Local Services, Alzheimer's Society
10.40 - 11.10	Involving people affected by dementia to improve dementia research.	Matt Murray, Research Engagement Manager, Alzheimer's Society and Eric Deeson, Research Network Volunteer
11.15 - 11.40	Living with dementia - a personal view. Peter is a positive person who speaks from the heart about living with dementia. He was diagnosed with Alzheimer's three years ago.	Peter Berry from Suffolk was diagnosed with Alzheimer's in 2015, aged 52
11.45 - 12.25	The relationship between head injury and the risk of developing dementia. Dr Neil Graham will explore the challenges in understanding how different brains change over time after injury and the importance of researching this link further.	Dr Neil Graham, Alzheimer's Research UK Clinical Research Fellow at Imperial College London
12.30 - 13.20	QUESTION TIME. Put your questions to a panel of experts on topics relating to dementia and care. Dr Neil Graham, ARUK Clinical Research Fellow at Imperial College London. Paul Edwards, Director of Clinical Services Dementia UK. Dr Emer MacSweeney, CEO Re:Cognition Health & Consultant Neuroradiologist. Peter Berry, living with dementia and campaigner. Barry Sweetbaum, Managing Director, SweetTree Home Care Services.	Chair: Tim McLachlan, Operations Director Local Services, Alzheimer's Society
14.00 - 14.25	Alzheimer's Disease without Dementia - how is this possible? Alzheimer's without Dementia. Explaining Dementia vs AD. Making an early diagnosis of AD before dementia occurs. What happens in the brain in AD? How new medications available, internationally, in final phase clinical trials can slow progression of AD or improve symptoms of memory loss.	Re:Cognition Health. Dr Hannah Wright, Clinical Trials Doctor
14.30 - 14.55	Cognitive Stimulation Therapy (CST) for people with dementia: Theory, research and practice. Cognitive Stimulation Therapy (CST) is a group or individual treatment for people with mild to moderate dementia, shown to significantly improve cognitive function and quality of life through several clinical trials. This presentation will provide an overview of what CST is, drawing on the theory behind its development. It will then discuss CST in practice, including its use in the NHS and beyond.	Dr Aimee Spector, Reader in Clinical Psychology (UCL) and Senior Dementia Consultant (SweetTree)
15.00 - 15.25	Acute Care - when a person is admitted to hospital. The experience of those affected by dementia on admission to an acute hospital. The trials, tribulations and opportunities they face. Developing a voice for families and proactive system of care.	Adam Smith, Consultant Admiral Nurse
15.30 - 16.00	Living well with dementia, how Alzheimer's Society can help you. A practical guide from Alzheimer's Society on how to live well after your dementia diagnosis	Rebecca Fuller, OP Volunteer Local Representative, Local Services - London and South East

Alzheimer's Care Solutions

1 **Memory loss that disrupts daily life** - forgetting recently learned information, important dates, events, important daily health routines, medications.



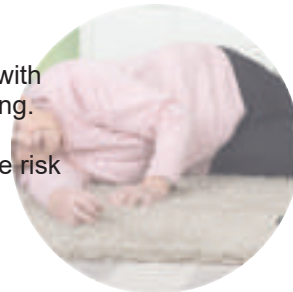
2 **Challenges in planning** - Meal planning and eating times, re-hydration fluid intake, paying weekly or monthly bills, when to watch TV

3 **Confusion with time & day of the week** - Unfamiliar or difficult to view time displays, confusing symbols, time of day association



4 **Wandering away from the safety of home** - Six in 10 people with dementia will wander. A person with Alzheimer's may not remember his or her name or address, and can become disoriented and distressed

5 **Risk from falls & personal injury** - People with Alzheimer's are at particularly high risk of falling. Problems with vision, perception and balance increase as Alzheimer's advances, making the risk of a fall more likely.



Products on sale with very special show discounts

<https://www.medpage-ltd.com/dementia-care>

Practical Activities Workshop

Visitors have the opportunity to take part in engaging activities all designed to help people supporting those with dementia.

Friday 8th June		
TIME	TITLE	SPEAKER
10.40 - 11.20	Reminiscence Therapy. A hugely popular psychosocial intervention that enables people with dementia to re-connect with their life story. It is simple and fun and has the benefits of improved engagement and sense of well-being.	Nicki Bones, Director of Operations, SweetTree Home Care Services
11.40 - 12.20	Singing & Reminiscence Activities. Our products will help you deliver more than just a sing-along. Even if you already run singing sessions come and find out how these products will enhance your singing activities and add that extra bit of sparkle!	Susan Garrett, Director, Vocal Vitality
12.40 - 13.20	Art Sessions in Care Homes. Creative Minds is a nationwide community of artists delivering fun and therapeutic art sessions to care homes. Come along and take part in one of our art sessions to get an insight into what our service is all about!	Sarah Fenner, Community Development Manager, Creative Minds
13.40 - 14.20	Technology Assisted Independent Living - the key to remaining at home, living as independently as possible.	Barry Sweetbaum, MD, SweetTree Home Care Services
14.40 - 15.20	Meaningful experiences and activities for residents living with dementia. In this workshop we will explore ways of getting to know a person and support them with activities that are meaningful and engaging. We will share examples and success stories from our homes.	Dr Claire Royston, Group Medical Director and Colin Sheeran, Lead Dementia Facilitator, Four Seasons Health Care
15.40 - 16.20	Cognitive Stimulation therapy (CST) for dementia: demonstration and practical examples. CST is a group or individual treatment for people with mild to moderate dementia, shown to significantly improve cognitive function and quality of life through several clinical trials. Here we will focus on the 'key principles' of CST and show DVD clips of sessions, followed by group discussion. We will bring in materials used in CST sessions, giving people the chance to 'have a go' at the activities.	Dr Aimee Spector, Reader in Clinical Psychology (UCL) and Senior Dementia Consultant (SweetTree)

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13.40 - 14.20	Technology Assisted Independent Living - the key to remaining at home, living as independently as possible.	Barry Sweetbaum, Managing Director, SweetTree Home Care Services
14.40 - 15.20	Dementia Friendly Home Environments. Most of us want to live our lives at home with independence and dignity. We have an improved chance of doing this if the environment in which we live is enabling rather than disabling. Learn how small adaptations to your home can positively impact on a person's well being, reduce the risk of falls, reduce distressed behaviour and prevent incontinence episodes.	Karen Clayton, Dementia Environment Specialist, Find Memory Care
15.30 - 16.10	An interactive session with the British Gymnastics Association in partnership with Dementia Pathfinders, showcasing and demonstrating the 'Love to Move' programme.	British Gymnastics Association and Dementia Pathfinders

The theatre programme may be subject to change at the discretion of the organisers

Alzheimer's Talks & Topics Theatre

At the heart of the exhibition, this theatre features carers sharing their invaluable experiences of caring for a person with dementia alongside professionals covering a range of practical advice topics.

Friday 8th June

TIME	TITLE	SPEAKER
10.20 - 10.45	Top tips for communicating with people with dementia	Raj Kapoor, Head of External Training and Consultancy and Sue Brewin, Trainer. Alzheimer's Society.
10.50 - 11.20	20 common myths about funding. "I'm going to have to sell mums house to pay for her care---its so unfair, what else can I do?".....lots!	David Steene, Director of Steene Law Partnership Ltd
11.25 - 11.50	Managing Behavioural and Psychological Symptoms of dementia- an interactive surgery. Almost everyone with dementia will experience behavioural and psychological symptoms such as depression, anxiety, hallucinations, apathy and aggression. These often cause distress for the individual and their carers. This interactive surgery, with an expert on dementia care, will explore ways to help these symptoms.	Dr James Warner, Medical Director, Halcyon Doctors
12.00 - 12.30	Reviewing and reducing anti psychotics in care homes. This session will describe how Four Seasons use technology to ensure safe and effective review of antipsychotics. We also explore the idea that reduction in antipsychotics in isolation is not enough. There needs to be equal focus on positive resident experiences that support well-being through non pharmacological approaches to care.	Dr Claire Royston, Group Medical Director and Colin Sheeran, Lead Dementia Facilitator, Four Seasons Health Care
13.40 - 14.00	Andy's dad, David, was diagnosed with Alzheimer's disease in 2004 at 66 years of age. Today, he lives in a care home and is non-verbal. Seeing his father's condition deteriorate has prompted Andy to raise awareness about the need for research into dementia.	Andy Watts, Alzheimer's Research UK Champion
14.10 - 14.40	Physical Health and dementia, delirium and pain. In 2017 the RCN implemented a project to raise awareness of the physical cost of "delirium". If treated quickly those with a diagnosis of dementia avoid the increased confusion and agitation that comes with a delirium. But how do we spot it and what should we do to reduce the possibility of an infection? In this presentation we look at the signs and symptoms of delirium and what we can do to avoid it, and talk about the importance of fluid and diet.	Rikki Lorenti, Admiral Nurse, SweetTree Home Care Services
14.50 - 15.10	Rosemary's husband, John, was diagnosed with frontotemporal dementia (FTD) at just 46. He is now in his seventies and lives in a care home and needs 24-hour attention. Rosemary wants to raise awareness about FTD and the need for research into the condition.	Rosemary Westwell, Alzheimer's Research UK Champion
15.15 - 15.45	Eating difficulties and dementia - practical approaches. Links between nutrition and dementia are known to pre-date diagnosis, and as the disease progresses, eating difficulties can make eating enough a challenge for both the person with dementia and their carers.	Alison Smith, Prescribing Support Consultant Dietitian, Herts Valleys CCG and Chair, British Dietetic Association Older People Specialist Group
15.50 - 16.20	Health information and getting involved in research. Katie will discuss the range of health information Alzheimer's Research UK produces about dementia and the diseases that cause it. She will also talk about how you can get involved in dementia research.	Katie Palmer, Information Officer, Alzheimer's Research UK

Alzheimer's Talks & Topics Theatre

Saturday 9th June

TIME	TITLE	SPEAKER
10.40 - 11.10	How to meet the needs of younger people living with dementia: People with young onset dementia often experience a more rapid decline in cognition and quality of life at a time when they may otherwise have expected to be in employment and to have an active social life. Lack of appropriate activities can result in an increase in social isolation, apathy and a decline in health. The same is true for family members.YPWD (Berkshire) CIO offers way to help.	Jacqui Hussey, Chair YPWD (Younger People with Dementia) Berkshire West and Caroline Blanchette (Banyan Care)
11.20 - 11.50	Looking After Yourself. This session aims to help families to remain focused on the positives and enable families to develop a stronger sense of we CAN do this. Paul will offer tips and advice on how to maintain your sense of self and your significant relationships so that the dementia is a part of your life and not all of your life.	Paul Edwards, Director of Clinical Services Dementia UK
12.00 - 12.20	Trina is living with posterior cortical atrophy (PCA), which is a rare form of dementia that usually begins by affecting a person's vision. Trina lives with her husband Graeme who is her main point of care and helps her to manage everyday tasks as they become increasingly difficult over time.	Trina & Graeme, Alzheimer's Research UK Champions
13.30 - 14.00	Top 5 questions on the Admiral Nurses Dementia Helpline. This session will cover some of the main reasons why people may contact the Admiral Nurse Dementia Helpline, and will aim to provide suggestions and build awareness and about each topic: • How to obtain a diagnosis • Confusion about the term dementia and the different subtypes (vascular etc.) • Struggling with a lack of locally coordinated care • Lack of post diagnostic support • Future arrangements	Helen Green, Admiral Nurse, Dementia Helpline, Dementia UK and Susan Drayton, Admiral Nurse, Helpline Clinical Lead, Dementia UK
14.05 - 14.35	Meeting the sex and intimacy needs of people living with dementia in care homes.	Beverley Page-Banks, Programme Development Manager, Alzheimer's Society, Innovation Team
14.40 - 15.10	Medicines prescribed for dementia. Supporting individuals and carers with the how, why and when of medicines in dementia care.	Anne Child MBE, Pharmacist and Dementia Specialist Lead at Royal Masonic Benevolent Institution
15.15 - 15.45	Ways to pay for care and your legal documents. Mel will discuss the different ways of paying for care, implications for the estate and how having the right legal documents in place makes things easier.	Mel Kenny, Later Life Financial Adviser, Radcliffe & Newlands

Book an advice session with an Alzheimer's Society Dementia Advisor



We are proud to be partners of the Alzheimer's Show, where our dementia advisors will be offering private one to one advice sessions for anyone with questions about dementia. Whether you are someone who has a diagnosis of dementia, are in the process of receiving a diagnosis, or a family member or friend, we would like to speak to you.

These advice sessions will allow you to have a free 20-minute confidential conversation with an Alzheimer's Society Dementia Advisor in a private room on both days of the Show. Sessions can be booked at the Alzheimer's Society stand F10 and are on a first come basis.

Come see us at the Alzheimer's Society stand, to book your session, speak to our staff and help yourself to our informative publications.

Exhibitor Workshop Theatre

This theatre will showcase the latest and best products and services from many of the exhibitors in short, interactive sessions.

Friday 8th June

TIME	TITLE	SPEAKER
10.30 - 10.50	How BT supports vulnerable customers. Gav will highlight products and services BT offer from helping manage nuisance calls, low cost phone services to wide ranging support provided to vulnerable customers including those with conditions like dementia.	BT. Gav Barang, Vulnerability, Scams & Nuisance Calls Manager
10.55 - 11.15	End of life care for people living with dementia. This presentation deals with advance care planning, pain assessment and self-pain assessment for people living with dementia, end of life medication and providing comfort measures at the end of life.	CQC - Care Quality Commission. Tomasz Nicpon, Adult Social Care Inspector
11.20 - 11.40	The Benefits and Purpose of Motion-Activated Projections. An introduction to the use of this technology for those living with dementia. Examining the social opportunities they provide, the potential physical & mental benefits and the importance of meaningful content.	OM Interactive. Anna C. Park, Care & Education Consultant
11.40 - 12.10	Alzheimers Disease without Dementia, is it time for cautious optimism? Alzheimer's Disease: understanding what happens in the brain, why early diagnosis is essential, how new generation medications are designed to slow and ideally halt progression of symptoms and what can you do, immediately, if you are concerned.	Re:Cognition Health. Dr Emer MacSweeney, CEO
12.15 - 12.35	Delivering Person Centred Support at Home. An introduction as to how receiving Person Centred Support at home can be beneficial to achieving positive outcomes.	Christies Care. Sarah Rampling, Booking Co-ordinator
12.40 - 13.20	Unlocking memories: Using biographical films to improve lives. My Life Films is an award-winning charity that makes free biographical films for people with dementia, which are used to improve their mental health and wellbeing, and the quality of care they receive.	My Life Films. Jo Foster, Project Manager
13.30 - 13.50	Putting Families Impacted by Dementia at the Heart of Dementia Research, Support and Education. This session will describe our unique, multidisciplinary and collaborative approach to designing, developing and evaluating dementia research projects, education programmes, public engagement events and support sessions at the University of Salford.	Salford Institute for Dementia. Dr Gemma Lace-Costigan, Knowledge Translation and Public Engagement Lead
13.55 - 14.15	Enhancing the Dementia Care Environment. What makes a good care environment? One that: • Is supportive rather than challenging. • Is enabling rather than disabling. • Offers opportunities for social interaction and engagement rather than loneliness and isolation. Based on a recent case study, learn more about making positive changes to enhance care settings.	Find Memory Care. Karen Clayton, Dementia Environment Specialist
14.20 - 14.40	Losing the button. Many vulnerable people have pendant alarms to alert carers if something goes wrong. What happens if they have a problem when not wearing their alarm? Is there anything better available?	ARC Informatics. Karen Cole, Business Development Manager and Nigel Mills, Managing Director
14.45 - 15.05	Getting your community to communicate with loved ones in care through love and technology. A presentation to discuss various techniques employed to communicate with loved ones living with dementia and ideas on how to get the community of all ages involved.	Tovertafel UK. John Ramsay, Director, Shift 8
15.10 - 15.30	Importance of Vision in Dementia Care.	Visioncall. Brian McGuire, Managing Director
15.35 - 15.55	Assistive Technology and Dementia. The use of Assistive Technology and the positive effects it can have for people with dementia and their carers, including simplistic memory prompting aids to Hi-Tech home monitoring systems.	Medpage Ltd. Mike Dines, Managing Director
16.00 - 16.20	Funding Residential Care. My Care My Home is a recognised and trusted leader in the field of care. It is now due to play a major role in the launch of an innovative alternative solution for the elderly to pay for residential care.	My Care My Home. Bill LeGrys, Marketing Consultant

Exhibitor Workshop Theatre

Saturday 9th June

TIME	TITLE	SPEAKER
10.30 - 10.50	Music Memory Box - reminisce, reawaken and reconnect. Music Memory Box, is a physical and digital multi-sensory tool for people living with dementia, families and carers, which is launching for pre-orders at The Alzheimers Show. Hear about the story behind the product, and their most recent findings from a pilot with 3 care home groups. Also hear about how you can support the project and get one of the first official Music Memory Boxes!	Music Memory Box. Chloe Meineck, Director
10.55 - 11.15	How to Stay at Home With The Right Dementia Care. Independence. It's something that many of us take for granted. Explore how focussing on enablement can allow someone with dementia to continue living in the home they know and love, with comfort, safety and independence.	Helping Hands Home Care. Amanda Ansell, Area Manager
11.20 - 11.40	HEE's Dementia Education and Training Resources. This session focusses on the recent work of Health Education England's dementia education and training project, particularly the publication of the tier 2 Dementia Education And Learning Through Simulation (DEALTS) training resources, and launch of the refreshed Dementia Training Standards Framework.	Health Education England. Jan Zietara, Head of Programme Delivery, Health Education England South
11.45 - 12.05	Using Insight to Innovate: Designing Life Changing Dementia Products. How first hand insight and feedback helps improve existing products and develop breakthrough products to improve the lives of those living with dementia.	Unforgettable. Adam Vaughan, Head of New Product Development and Innovation
12.10 - 12.30	Getting your affairs in order. A breakdown of the core services that McClure Solicitors provides, including Wills, Will Reviews, Lasting Powers of Attorney, Family Protection Trusts and Inheritance Tax Planning.	McClure Solicitors. Adrian Howlett, Estate Planning Consultant
12.35 - 12.55	Thinking differently about dementia. How can people with dementia retain adventure in their lives? Join us to learn about Dementia Adventure's holidays, training and open events - and how positive risk taking can benefit the individual.	Dementia Adventure. Simon Thorp, Head of Business Development & Innovation
13.30 - 13.50	Activities and Innovation. Ben Atkinson-Willes was caring for his grandfather who was living with Alzheimer's disease when he noticed a lack of appropriate activity products for people with cognitive impairment. Active Minds was set up to meet this need and has since discovered how appropriate activity can reduce some of the challenges when caring for someone.	Active Minds. Sam Thomson, Director
13.55 - 14.15	Pathway Digital Care. Pathway Digital integrates an experienced staff team and their professional knowledge with digital monitoring technologies to ensure the right people are in the right place at the right time.	Pathway Ltd. Simon Laker, Owner
14.20 - 14.40	Red Oaks and its outstanding 10-60-06 dementia care journey. How the principles of 10-60-06 helped Red Oaks to achieve outstanding care within their dementia service and how the powerful combination of team work, life story and meaningful activity enhances the lives of people living with dementia within our homes.	Barchester Healthcare. Leon Smith, Dementia Care Specialist
14.45 - 15.05	The Future Of Care. At Home. How can people with dementia age in their own home surrounded by their community? How can we reassure their families that life at home can be the right choice? Join us and learn about how technology can empower families and enable older adults to age with confidence, in their own homes.	Birdie. Max Parmentier, CEO
15.10 - 15.30	The Importance of Play in Dementia. "We do not quit playing because we grow old, we grow old because we stop playing." I will be exploring this quote by George Bernard Shaw.	Call-to-Mind. Laura Templeton, Founder
15.35 - 15.55	The Musical Walkabout Project. Musical Walkabout CIC provides a modern minstreling service for diverse communities facing social isolation, using a bespoke person-centred approach to music engagement.	Musical Walkabout. Nina Clark, Founder