

A COMPREHENSIVE GUIDE TO DEMENTIA CARE

PART ONE 28/29 SEPTEMBER

TUESDAY 28TH SEPTEMBER

SESSION TITLE

About dementia

TIMINGS OF SESSIONS

Session 1 Morning 10.00 - 12.30

15 minute break during session

TOPICS COVERED

What is dementia?

What are the different types of dementia?

Overview of Alzheimer's Research UK research programme

How dementia is diagnosed and the latest advances in diagnostic research including biomarkers

Current treatments and the latest advances in treatments and drug discovery

Reducing the risk of dementia

SPEAKERS

Rosa Sancho, Head of Research, Alzheimer's Research UK

Susan Kohlhaas, Director of Research, Alzheimer's Research UK

LUNCH

12.30 - 13.15

Where to turn?

Where to turn for support as a carer

Session 2 Afternoon 13.15 - 15.45

15 minute break during session

Next steps-Getting answers to my questions

Support & Information

Being a Carer Impact on Relationship

Talking to Family and friends

Looking after yourself

Justine Tomlinson, Consultant Admiral Nurse, Dementia UK

WEDNESDAY 29TH SEPTEMBER

Practical arrangements/Planning ahead

Session 3 Morning 10.00 - 12.15

15 minute break during session

Legal aspects of living with dementia

Care needs assessments

Employing carers

Working while caring

Funding and funding the right care solution

Clarion Solicitors and guests

Clare King, Head of the Court of Protection & PI Trust Team

Samantha Lauriston, Clarion solicitors

Hannah Newbery, Associate Solicitor, Employment Team

LUNCH

12.15 - 13.15

Understanding the person with dementia

Session 4 Afternoon 13.15 - 15.45

15 minute break during session

Supporting communication - Early and middle stages

Hearing and Sight

Managing symptoms

Medications

Eating/Drinking

Keeping active

15.15 - 15.45

Taking part in dementia research. •The importance of taking part in dementia research and common misconceptions.

•The type of dementia research study people can take part in.

•What's involved in particular studies.

•How to take part in dementia research.

Beth Goss-Hill, Primary Care Consultant Admiral Nurse, Dementia UK

Jess Tobin, Information Officer, Alzheimer's Research UK

A COMPREHENSIVE GUIDE TO DEMENTIA CARE

PART TWO 12/13 OCTOBER

TUESDAY 12TH OCTOBER

| SESSION TITLE | TIMINGS OF SESSIONS | TOPICS COVERED | SPEAKERS |
|--------------------------------------|---|--|--|
| Dementia in hospital settings | Session 5 Morning 10.00 - 12.30 15 minute break during session | Preventing admission, inpatient care, discharge process and destinations including making the home dementia friendly, care home consideration and an introduction to Continuing Health Care Session 1 : Admission and dementia Session 2 : Dementia and discharge pathways - Discharging home (support and making the home dementia friendly) Session 3 : Dementia and discharge pathways - discharge to assess Session 4 : Dementia and discharge pathways - discharge to a care home Session 5 : An introduction to CHC | Kerry Lyons, Acute Care Consultant Admiral Nurse, Dementia UK Paulette Winchester-Joseph, Consultant Admiral Nurse, Dementia UK |

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| LUNCH | 12.30 - 13.30 | | |
| Managing the finances | Session 6 Afternoon 13.30 - 15.45 15 minute break during session | Financial Attorneys and Deputyship Overview of disability benefits NHS CHC funding and appealing decisions Funding care: the basics | Clarion Solicitors and guests |

WEDNESDAY 13TH OCTOBER

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| End of life care | Session 7 Morning 10.00 - 12.30 15 minute break during session | Understanding dementia as a life limiting condition Planning for end of life Caring at end of life Bereavement care | Sharron Tolman, Consultant Admiral Nurse, Dementia UK Jules Knight, Young Onset Dementia Consultant Admiral Nurse Dementia UK Elaina Henderson, Admiral Nurse Age UK, North Tyneside Jeanette Hogg, Admiral Nurse Hospice, Isle of Man |
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| LUNCH | 12.30 - 13.15 | | |
| Dementia and Learning Disabilities | Session 8 Afternoon 13.15 - 15.45 15 minute break during session | Understanding Dementia in LD The prevalence and presentation The differences and the similarities Support available and best practice We will also share a personal story as part of this session | Vic Lyons, Senior Consultant Admiral Nurse, Dementia UK Jane Nickels, Macintyre Charity |